



UC Leuven  
Limburg  
MOVING MINDS



# INTERNATIONAL WEEK 2021

## Dental Hygiene Program, UCLL

Free & Online!

### INVITATION!

Dear Colleague  
Dear student

The Dental Hygiene Program, UCLL is very happy to invite you to our International Week 2021. It will take place the 8<sup>th</sup> of March until the 12<sup>th</sup> of March, 2021 **(08/03-12/03/2021)** and will be a full online event. During the event week, there will be several online presentations within 6 domains of interest. You can choose your domain(s) of interest and follow the designated track or you can select by yourself the presentations of your choosing and thereby created your own personal track. All presentations are free to follow but registrations is required. A few days before the start of the international week, you will receive and email with the online navigation to the tracks and presentations of your choosing.

We hope to see you soon!

### DOMAINS OF INTEREST

There are 6 domains of interest of which you can choose from. The schedule and different presentations in each domain you will find in the information folder (see below) or [Click here!](#)

- 1) Patient Care @chair;
- 2) Aftercare @home;
- 3) Off chair, in service Oral Care;
- 4) Community Oral Care;
- 5) Selfcare for caregivers;
- 6) Educate the teacher (teachers only);

### PARTICIPATION & REGISTRATION

Participation is free but registration is required. [Click here for registration!](#) After registration, a few days before the start of the international week, you will receive an orientation file which will guide you to the different presentations.

For the presentation, we use Microsoft teams and ZOOM.

*We hope to see you soon!*

## FULL PROGRAMMA

### Patient Care @chair

This track of interest focuses on techniques, protocols and instruments dental hygienist and dentist use when treating a patient in the dental cabinet.

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>9:00h-9:15h*</b> Welcoming and introduction</p> <p><b>9:45h-10:00h*</b> The dental hygienist working in a dental practice.</p> <p><b>11:00h-12:00h</b> Dental hygienists competence in public oral health care in Finland (Katariina Savolainen, Dental hygienist)</p> <p><b>13:00h-14:00h</b> The Oral biofilm and its impact on hard and soft tissue. (Ingrid Lubach, Oral-B, Commercial partner)</p>	<p><b>13:00h-14:00h</b> Reflective practice. keeping your reflective journal (phd Sviatlana Anishchuk, Trinity College Dublin)</p>			<p><b>14:00h-15:00h</b> Current diagnostic and treatment strategies for oral malodour. (Jesica Dadamio, MSc, PhD Periodontology &amp; Oral Microbiology)</p>

#### *Dental hygienists competence in public oral health care in Finland*

In the presentation Katariina Savolainen will discuss the Finnish oral health care system and the competence of dental hygienists in public oral health care. She will look at the best practices in collaboration between dental hygienist and dentist, and also present the opportunities and challenges of the future in public oral health care in Finland. Katariina Savolainen is a Finnish dental hygienist who lives in Leuven with a special expertise in community oral care.

#### *The Oral biofilm and its impact on hard and soft tissue.*

In this presentation Ingrid Lubach will focus on the oral biofilm and its impact on hard and soft oral tissue. In addition, she will talk about biofilm management. Ingrid Lubach is Dutch dental hygienist, who has worked as well in a clinical practice for more than 10 years as well as a teacher at the dental hygiene program. She works now as consultant for Oral-B.

#### *Reflective practice. Keeping your reflective journal.*

In this presentation Sviatlana Anishchuk will focus on the importance of reflective skills as an instrument to improve your own handling and patient treatment. She will give a demonstration of the rubric and how to apply it for teaching. Sviatlana Anishchuk is a dental hygienist. She works as a teacher and researcher at the dental school of the Trinity College in Dublin and she also works in clinical practice.

#### *Current diagnostic and treatment strategies for oral malodour.*

In this presentation Jesica Dadamio will focus on the problem of halitosis. She will talk about the current diagnostic and treatment strategies. Jesica Dadamio is Phd at KU Leuven where she does research on halitosis as well as clinical work with patients with halitosis.

## Aftercare @home

This track of interest focuses on different aspects of after- and selfcare for patients at home. How to motivate patients to follow advice or helping caregivers and patients with oral care at home.

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>9:00h-9:15h*</b> Welcoming and introduction</p> <p><b>9:45h-10h*</b> The dental hygienist coaching patients and other caregivers.</p>	<p><b>12:00h-13:00h</b> 'Tele'-dentistry and role of dental health professionals in it. (Sviatlana Anishchuk, Trinity College Dublin)</p> <p><b>14:00-15:00</b> How to give an adapted though complete oral health advice for patients with gum problems and sensitive teeth (by Colgate-Palmolive/ Elmex-Meridol) (Commercial partner)</p>	<p><b>11:00h-12:00h</b> Behavioural change in oral health. (Mário Rui Araújo, phd Dental hygiene program, Escola Superior Saúde, Portalegre)</p>		

### *'Tele'-dentistry and role of dental health professionals in it.*

In this presentation Sviatlana Anishchuk will give an introduction to 'tele'-dentistry. She will highlight the possibilities and gives solutions to objective and subjective barriers. Sviatlana Anishchuk is a dental hygienist. She works as a teacher and researcher at the dental school of the Trinity College in Dublin and she also works in clinical practice.

### *Strategies and other stories for enhancing patient collaboration*

In this presentation Mário Rui Araújo will focus on introducing a behavioural change in patient behavioural regarding their oral health. Mário Rui Araújo adjunct professor and coordinator at the dental hygiene program of the Escola Superior Saúde, Portalegre.

### *How to give an adapted though complete oral health advice for patients with gum problems and sensitive teeth*

This presentation will be held by Colgate-Palmolive/ Elmex-Meridol and will be focussing on which products can be advised to patients with gum problems and hypersensitive teeth. In special, it will address the following questions:

- How can Meridol help your patients with gum problems.
- How can Elmex sensitive professional can give pain relief to patients with sensitive teeth.

## Off chair, in service Oral Care

This track of interest focusses on the different roles an dental hygienist can take up at an organization level: coaching the interprofessional team of caregivers, educating and treating inhouse patients, forming and guarding an oral health policy at all levels of the organization and last but not least, facilitating the connecting between Intramuros care and extramuros care (Oral practice).

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>9:00h-9:15h*</b> Welcoming and introduction</p> <p><b>9:45h-10h*</b> The dental hygienist as coach, actor and policy maker in an organization.</p> <p><b>14:00h-15:00h</b> De mondzorglijn: implementation of oral health policy for care centers. (drs. Ellen Palmers, KU Leuven)</p>		<p><b>10:00h-11:00h</b> Dental hygienists: the missing link between residential care centers and the dental office (Steven Demars, Dentist Private practice)</p>	<p><b>10:00h-11:00h</b> What if... you were asked to clean someone else's mouth? (Leia Vrancken, researcher EC Health Innovation UCLL)</p> <p><b>14h:30h-15:30h</b> The role of oral hygiene in preventing aspiration pneumonia in hospitalized patients (Karlien Bruyninckx, SLP at Sint-Trudo Hospital)</p>	

### *De mondzorglijn: implementation of oral health policy for care centers*

In this presentation Ellen Palmers will talk about how to implement an oral health policy. She will do this by presenting the project: De mondzorglijn. Ellen Palmers works as a researcher for the KU Leuven. She works also for Gezonde Mond and is lecture at the dental hygiene program, UCLL.

### *Dental hygienists: the missing link between residential care centers and the dental office*

In this presentation Steven Demars will focus on the impact a dental hygienist can have when working in a home for elderly people. Steven is a dentist in a private practice and also process handler in homes where he guides student dental hygienist during their internship.

### *What if... you were asked to clean someone else's mouth?*

In this presentation Leia Vrancken addresses the difficulties a caregivers can experiences when cleaning the mouth of a person with dementia based on her PWO research the past 2 year for the Health Innovation Centre of Expertise, UCLL.

### *The role of oral hygiene in preventing aspiration pneumonia in hospitalized patients*

In this presentation Karlien Bruyninckx will focus on the role of oral hygiene in preventing aspiration pneumonia in hospitalized patients. Karlien is an speech and language pathologist with a specialization in dysphagia and neurologic speech and swallowing disorders after CVA. She works in a hospital and in her own private practice.

## Community Oral Care

This track of interest focusses on Oral Health Care promotion and prevention at a community level but also on increasing the availability of Dental Care for vulnerable people, especially for people who experience different and/or multiple barriers to have access to Dental Care.

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>9:00h-9:15h*</b> Welcoming and introduction</p> <p><b>9:15-9:30h*</b> The dental hygienist leading and performing in community based programs.</p> <p><b>10:00h-11:00h</b> Smile, a community based project in Leuven. (Rebecca Schotte, project leader Start Smiling)</p>			<p><b>11:00h-12:00h</b> Posterpresentation: Oral health promotion people aged 18-26y (students Dental hygiene, UCLL)</p> <p><b>13:00h-14:00h</b> Considerations in launching a sustainable oral health promotional project with impact. (Yvonne O'Sullivan &amp; Victoria Wilson, Trinity College Dublin)</p>	<p><b>11:00-12:00h</b> 'Laat je tanden zien' Community based oral health promotion to increase accessibility of oral care for children in low income families (Doris Voortmans, researcher EC health innovation, UCLL)</p>

*Smile, a community based project in Leuven.*

In this presentation, Rebecca Schotte will focus on strategies and actions to increase accessibility of oral care for vulnerable people. She will do so by explaining the 'Smile' and 'Start Smiling' projects. A unique strongpoint of this community based program is that it starts from the community health centers in the city of Leuven (Wijkgezondheidscentra). Rebecca Schotte is coordinator at a community health center and leader of the project Smile.

*Posterpresentation: Oral health promotion people aged 18-26y*

In this posterpresentation session, the participant can visit different short presentations of small Oral health promotion projects that took place in October 2020 as a collaboration between the Dental Hygiene program in Leuven, Belgium, and the Dental Hygiene program in Rovereto, Italy. The theme of this international project was Oral health promotion in people aged 18-26y, the forgotten age group.

The presentations will be held by students.

*Considerations in launching a sustainable oral health promotional project with impact.*

In this presentation Victoria Wilson Yvonne O'Sullivan will explore a range of considerations relevant to oral health promotional projects, to help support the development of future innovative sustainable, viable oral health promotional projects with impact. Understanding first hand the real challenges from existing projects and how we can learn from these. Victoria and Yvonne are working as researchers at the dental hygiene program of Trinity College Dublin.

*'Laat je tanden zien' Community based oral health promotion to increase accessibility of oral care for children in low income families.*

In this presentations Doris Voortmans will focus on strategies and actions to increase accessibility of oral care for vulnerable people, with a high focus on children. She will do so by explaining the 'Laat je tanden zien' project that is organised by a joint commitment of the cities of Baal, Mol, Dessel and Retie (Baldemore). Doris Voortmans graduated as one of the first Belgian Hygienists in 2019, here at UCLL. She is currently studying for a master's degree in Health Promotion, which she combines with being a board member of the Belgian Federation of Dental Hygienists and working at Research and Expertise UCLL

**TIP:** This project is similar to the project Start Smiling regarding project goals but where the Smile-project has as focus area a dense city area, the 'Laat je tanden zien'-project takes place in a rural area. Find out how these demographic differences influence the kind of actions and their impact.

## Selfcare for caregivers

This track of interest focusses on how caregivers, and in special Dental hygienist and Dentist, can care for themselves. The track focusses as well on emotional care as physical care.

Monday	Tuesday	Wednesday	Thursday	Friday
9:00h-9:15h* Welcoming and introduction				8:30h-9:30h Ergonomics as a dental hygienist or dentist: More than just a correct position. (Liesbeth Lamsens, physiotherapist and ergonomic consultant)  10:00h-11:00h I'm a dental hygienist, what's your superpower? (Isabelle Mertens & Doris Voortmans, BBM)

*Ergonomics as a dental hygienist or dentist: More than just a correct position.*

In this presentation Liesbeth Lamsens will give an introduction to the different factors contributing to maintaining a health position when working whit in-chair patients. Liesbeth is a physiotherapist and works as an ergonomic consultant for the Rugschool, UZ Leuven.

*I'm a dental hygienist, what's your superpower?*

In this presentation Isabelle Mertens and Doris Voortmans will give an introduction to the evolution of the dental hygienist in Belgium and worldwide. In particular Isabelle and Doris will focus on what role the Belgian Professional Association of Dental Hygienist can play for a dental hygienist working in private practice in maintaining a healthy and fair work-live balance. Isabelle and Doris are both board members of the association and were with the first dental hygienist graduating form the dental hygiene program UCLL, Leuven.

## Educate the teacher *(teachers only)*

In this track of interest teachers of different dental hygiene and dentist programs can learn from each other's best practice and address problems they encounter while teaching theoretical and practical skills. This is an teachers only track.

Monday	Tuesday	Wednesday	Thursday	Friday
9:00h-9:15h* Welcoming and introduction	10:00h-11:00h Network session: building a structural exchange portfolio.	13:00h-14:00h Network session: working together for courses: looking for partners and best practices.		15:00h-16:00h From talking over each other to talking with each other. Introducing interprofessional patientcare in a dental hygiene program. (Peter Vos, UCLL)

### *Network session: building a structural exchange portfolio*

In this network session we will explore the possibilities for building a structural exchange portfolio. The Dental hygiene program at UCLL wants to build up a continuous and structural exchanges project for internships at our partner universities and university colleges. In addition we search for partners to send combined groups of students to Oral Care projects in countries with a high need.

### *Network session: working together for courses, looking for partners and best practices*

In this network session we will explore the possibilities for working together for courses. We will present collaborations that are already in place and look for partners who want to join or who want to start a new joint project.

### *From talking over each other to talking with each other : introducing interprofessional patient care in a dental hygiene program.*

In this presentation, Peter Vos will give an explanation on how to implement a real interprofessional teamwork in a busy program of several disciplines. How to achieve your interprofessional goals and how to overcome program based and profession based barriers. Peter Vos is lecture at the dental hygiene program UCLL, Leuven.

Hour	Monday 8/3	Tuesday 9/3	Wednesday 10/03	Thursday 11/03	Friday 12/03
					8:30h-9:30h Ergonomics as a dental hygienist or dentist: More than just a correct position. (Liesbeth Lamsens, physiotherapist and ergonomic consultant)
9:00	9:00h-09:15h* Welcoming and introduction  9.45-10h* The dental hygienist as...				
10:00	10:00h-11:00h Smile, a community based project in Leuven. (Rebecca Schotte, project leader Start Smiling)	10:00h-11:00h Network session: building a structural exchange portfolio.	10:00h-11:00h Dental hygienists: the missing link between residential care centers and the dental office. (Steven Demars, Dentist Private practice)	10:00h-11:00h What if... you were asked to clean someone else's mouth? (Leia Vrancken, researcher EC Health Innovation UCLL)	10:00h-11:00h I'm a dental hygienist, what's your superpower? (Isabelle Mertens & Doris Voortmans, BBM)
11:00	11:00h-12:00h Dental hygienists competence in public oral health care in Finland (Katariina Savolainen, Dental hygienist)		11:00h-12:00h Behavioural chance in oral health. (Mário Rui Araújo, phd Dental hygiene program, Escola Superior Saúde, Portalegre)	11:00h-12:00h Posterpresentation: Oral health promotion people aged 18-26y (students Dental hygiene, UCLL)	11:00-12:00h 'Laat je tanden zien' Community based oral health promotion to increase accessibility of oral care for children in low income families (Doris Voortmans, researcher EC health innovation, UCLL)
12:00		12:00h-13:00h 'Tele'-dentistry and role of dental health professionals in it. (Sviatlana Anishchuk, Trinity College Dublin)			



<b>13:00</b>	<p><b>13:00-14:00</b> The Oral biofilm and its impact on hard and soft tissue. (Ingrid Lubach, Oral-B, Commercial partner)</p>	<p><b>13:00-14:00h</b> Reflective practice: keeping your reflective journal (Sviatlana Anishchuk, Trinity College Dublin)</p>	<p><b>13:00h-14:00h</b> Network session: working together for courses: looking for partners and best practices.</p>	<p><b>13:00h-14:00h</b> Considerations in launching a sustainable oral health promotional project with impact. (Yvonne O'Sullivan &amp; Victoria Wilson, Trinity College Dublin)</p>	
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<b>15:00</b>					<p><b>15:00h-16:00h</b> From talking over each other to talking with each other. Introducing interprofessional patientcare in a dental hygiene program. (Peter Vos, UCLL)</p>